



Issue 4 | November 2025



## From the Chair

### Kia ora, koutou katoa

I have been acting in this role for the past two years and was officially appointed following the October BGM. Our membership has grown to approximately 380 members over the last six months. We bid farewell to Ebony and Hina, who resigned, and warmly welcome Jon Gullidge, Nerissa Warbrick, and Dr Stacey Wilson to the committee. Jon has transitioned from Treasurer to a new role, with Kim Monteiro now holding the Treasurer position and Stacey Wilson as the new Secretary. Nerissa Warbrick will be responsible for compiling our newsletters.

Building on the success of last year's research forum at Ko Awatea, Middlemore Hospital, we plan to host another forum next year to celebrate the 50th anniversary of the Nursing Research Section. This golden jubilee will be a key focus for the committee in 2026. We will also survey to gather member ideas and feedback for the forum.

Nursing research is crucial for understanding the evolving nature of the nursing profession, influenced by societal, cultural, and global health changes. It helps us reflect on our past, assess our present, and envision our future. As we move into the next 50 years, we aim to foster open dialogue with our members about research possibilities and opportunities.

**Nga mihi nui**  
**Lorraine Ritchie NRS Chair**

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### Contact Us

- Have questions or ideas to share? Reach out to us at [nzno.nrs@gmail.com](mailto:nzno.nrs@gmail.com)

## Section Updates

### Growth and Changes

- **Membership Growth:**

We are thrilled to announce that our membership has grown to approximately **380** members over the past 6 months.

- **New Committee Members:**

Welcome to our new committee members: Jon Gullidge, Nerissa Warbrick, and Stacey Wilson. Their contributions will be invaluable as we move forward.

- **Role Changes:**

Jon Gullidge has transitioned from Treasurer to a new role, with Kim Monteiro taking over as Treasurer and Stacey Wilson as Secretary. Nerissa Warbrick will be compiling our newsletters.

### Upcoming Events

- **2026 Nursing Research Section 50<sup>th</sup> Anniversary Forum:**

Plans are underway for another research forum next year, coinciding with our **50th anniversary**. Stay tuned for more details and opportunities to participate.

### Member Feedback

- **Survey:**

We are conducting a survey to gather your ideas and suggestions for the upcoming forum. Your input is crucial in shaping our future events and initiatives.

<https://www.surveymonkey.com/r/NRS2025>

## Your committee

**Lorraine Ritchie** Chair

**Sandie Bayliss**- Professional Nursing Advisor (Central)

**Dr Stacey Wilson**, Secretary

**Kim Monteiro**, Treasurer

**Dr Isaac Amakwaa**, Membership Coordinator

**Nerissa Warbrick**, Newsletter Coordinator

**Maria Tutahi**, Te Poari & Te Ao Representative

**Dr Patricia McClunie**-Trust, Special Projects Coordinator

**Jon Gullidge**, Communication Team Support

For more information on the NRS committee, click on this link:

[Committee](#)

## Nursing Research Section

**Grants:** These grants support your growth through workshops, conferences, study days, seminars, postgraduate study, or publications.

**Application Deadlines:** 31 March 2026 and 30 September 2026.

Click on this link to apply:

[Scholarships and Grants](#)

## Nursing Research Section BGM 2025 Recap

**Date:** 10 October 2025

**Venue:** NZNO Christchurch

Dr. Isaac Amankwaa, a Senior Lecturer in Nursing at AUT, presented his groundbreaking research on ***"Evolving Nursing Roles in Assisted Dying: Insights for an Ideal Service Model."*** His work, which focuses on health equity, migrant health literacy, and assisted dying, provides crucial insights into the changing landscape of nursing in the context of end-of-life care.

### Key Findings:

1. **Expanding Scope of Nursing Practice:** Dr. Amankwaa highlighted how nursing roles are evolving to include more responsibilities in assisted dying processes, reflecting a broader shift towards nurse-led care models.
2. **Health Equity Health Considerations:** The research emphasised the importance of ensuring equitable access to assisted dying services, addressing disparities that may exist for migrant and minority populations.
2. **Workforce Development:** Dr. Amankwaa stressed the need for comprehensive training and support for nurses involved in assisted dying, ensuring they are well-equipped to handle the complex emotional and ethical aspects of their role.
3. **Ideal Service Model:** The presentation proposed an ideal service model that integrates nursing expertise with interdisciplinary collaboration, enhancing the quality and compassion of end-of-life care.
4. **Advancing Nursing Practice:** By synthesising emerging evidence, Dr. Amankwaa's work aims to advance nursing practice, ensuring that nurses are at the forefront of providing dignified and respectful care to patients choosing assisted dying.

The audience was captivated by Dr. Amankwaa's insights, which offer a roadmap for developing a more inclusive and effective approach to assisted dying, ultimately benefiting both patients and healthcare providers.



Photo: Dr Issac Amankwaa

## Summary of Research Findings: Graduate Entry Nursing Students' Development of a Professional Nursing Self



Photo: Dr Patricia McClunie-Trust

Dr. Patricia McClunie-Trust, a Principal Lecturer at Wintec, presented her research on "*Graduate Entry Nursing Students' Development of a Professional Nursing Self*." Her work, which focuses on professionalism and professional practice in nursing, provides valuable insights into the development of nursing students as they transition into the profession.

### Key Findings:

1. **Professional Identity Formation:** Dr. McClunie-Trust's research highlights the critical role of graduate entry programs in shaping students' professional identities, emphasising the importance of a supportive and inclusive learning environment.
2. **Capability Development:** The study underscores the need for advanced nursing practice capabilities, including clinical skills, ethical decision-making, and leadership qualities, which are essential for graduates entering the nursing workforce.
3. **Professional Practice:** Dr. McClunie-Trust's findings suggest that a strong foundation in professional practice is crucial for students to navigate the complexities of real-world nursing, ensuring they are well-prepared to meet the demands of the profession.
4. **Supervision and Mentorship:** The research emphasises the value of professional supervision and mentorship in fostering the development of a professional nursing self, providing students with guidance and support as they grow into their roles.
5. **Advanced Nursing Practice:** By focusing on capability development, Dr. McClunie-Trust's work aims to advance nursing practice, ensuring that graduates are not only competent but also confident and capable of providing high-quality care.

Dr. McClunie-Trust's insights offer a comprehensive understanding of the challenges and opportunities in developing a professional nursing self, providing a framework for enhancing nursing education and practice.

## Summary of Research Findings: Kawa Whakaruruhau: A Framework for Culturally Safe Practice with Māori

Chey, a Nurse Educator Māori at MidCentral, presented her innovative research on "*Kawa Whakaruruhau: A Framework for Enabling Culturally Safe Practice with Māori*." Her work is dedicated to supporting kaupapa Māori approaches to clinical education and workforce development, with a focus on empowering health professionals to deliver culturally safe and equity-focused care.



Photo: Chey Ratima

### Key Findings:

1. **Culturally Safe Practice:** Chey's framework uses Irihapeti Ramsden emphasises the importance of cultural safety in healthcare, ensuring that Māori patients receive care that respects and incorporates their cultural values and beliefs.
2. **Empowerment of Health Professionals:** The research highlights strategies for empowering health professionals to deliver care that is not only clinically competent but also culturally responsive, fostering trust and better health outcomes for Māori patients.
3. **Te Tiriti o Waitangi in Clinical Practice:** Chey's work underscores the significance of actualising Te Tiriti o Waitangi in clinical settings, promoting equity and partnership in healthcare delivery.
4. **Collaborative Education:** The framework encourages collaborative approaches to education, integrating Māori perspectives and knowledge to enhance the learning experiences of health professionals.
5. **Workforce Development:** Chey's research informs educational initiatives aimed at developing a healthcare workforce that is culturally competent and committed to equity-focused care.
6. **Seminal Influence:** Chey draws upon the seminal work of Irihapeti Ramsden, who was pivotal in embedding Kawa Whakaruruhau in nursing practice, providing a robust foundation for her framework.

As a role model for emerging Māori researchers, Chey's contributions are instrumental in shaping more inclusive and culturally safe healthcare practices, ensuring that the unique needs and perspectives of Māori patients are at the forefront of nursing education and practice.

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**Whaiwhia te kete mātauranga. Fill the basket of knowledge.**

*This whakatauki speaks to the importance of education and knowledge. It encourages you to share what you have gathered with people to "fill their kete" - their baskets of knowledge.*



**Tōpūtanga Tapuhi Kaitiaki o Aotearoa  
NEW ZEALAND NURSES ORGANISATION**



## Nursing Research Highlights and Innovation

### ICU/HDU NetP Clinical Transition Programme: Supporting New Graduate Nurses in Critical Care

The NetP Clinical Transition Programme (CTP), launched in 2025 by North Shore Hospital's ICU/HDU Education Team, is a structured initiative aimed at supporting newly graduated nurses entering critical care environments. Developed in response to feedback highlighting the challenges of transitioning into ICU/HDU settings



From the left:- Charmaine (NE), Jing (CC), Justine (NE), Jean (CC), Monica (CC)

—such as high acuity and inconsistent preceptorship—the programme seeks to standardise education, reinforce procedural knowledge, and build clinical confidence.

Led by Nurse Educators Charmaine Van Heerden and Justine Echavez, alongside Clinical Coaches Monica McGrath, Jing Ying Chuang, and Jean Abraham, the team was nominated for the Better Best Brilliant Award by Te Whatu Ora Waitematā, recognising their dedication to nursing excellence.

The 24-week programme includes several key components:

- **CTP Days:** Six non-clinical days focused on theoretical and practical skills, including physical assessments, documentation, and complex ICU care procedures.
- **Passport Days:** These interspersed sessions involve e-learning and supervised skill assessments, covering tasks like high-flow oxygen setup and non-invasive ventilation care.
- **EPIC CZ Module:** An eLearning induction programme introducing critical care principles through structured modules.
- **ICU Workbook:** From week 13, nurses delve into advanced ICU specific topics such as ABG interpretation, ECG analysis, and fluid balance, followed by educator review to ensure proper understanding.

The programme is designed to be paced and supportive, with weekly progress tracking and feedback opportunities. Early feedback has been positive, indicating that the initiative is effectively easing the transition for new graduates. The education team takes pride in fostering growth, safety, and compassion in critical care nursing through this innovative and empowering programme.

## Upcoming Events

### Workshops and Seminars – In-person and Online

- **Foundations in Clinical Research and Critical Evaluation**

This series covers essential topics from planning to presenting clinical research, including study designs, statistical concepts, data management, and analysis, culminating in manuscript writing and result presentation. In-person Date: February 11 & 12, 2026. Online March 16 – May 15, 2026. Venue: Auckland University. Use link:

[Professional development and short courses – University of Auckland](#)

- **Ngā Manukura Training Programme - Clinical Leadership Training**

Ngā Manukura is a Clinical Leadership programme for Māori Nurses and Midwives.

Use this link to enrol for the February 2026 cohort: [Ngā Manukura | Digital Indigenous](#)

- **NZNO Event Calendar:**

For relevant section and committee activities, check out this link: [Event calendar - List View](#)

- **Aotearoa Nurse Leaders' Summit 2026**

Driving excellence in nursing and healthcare. 23 - 24 February 2026 Auckland. Use this link [Aotearoa Nursing Leaders' Summit 2026 | College of Nurses](#)

## Research Professional Development

### Professional Development

- **Nursing Research Grants:**

2026 Applications are now open for our bi-annual research grants. Support your innovative projects with funding and resources. **Deadline:** 31 March 2026 and 30 September 2026.

### Publications and Presentations

- **Journal Submissions:**

Encourage your colleagues to submit their research papers to our annual Kaitiaki Nursing Research journal. For submission information, click on this link: [About Kaitiaki Nursing Research Annual Journal](#)

Kaitiaki Nursing Research is now an open-access online journal  
: <https://kaitiaki.org.nz/kaitiaki-nursing-research-november-2025/>

## NURSING RESEARCH

DRIVING INNOVATION AND EXCELLENCE



**EVIDENCE-BASED PRACTICE**  
Informed decisions



**EQUITY**  
Improving health



**KAUPAPA MĀORI**  
Enhancing well-being



**QUALITY EXCELLENCE**  
Advancing nursing



## Mastering Research Techniques and Strategies



### NZNO Online Courses

Develop or refresh your skills with flexible, self-paced online courses covering union and operational areas. These courses help meet PDRP requirements and are accessible via a mobile device or computer with internet access.

Click on this link: [Delegates learn online](#)



### Ako Aotearoa - National Centre for Tertiary Teaching Excellence

Ako Aotearoa offers resources and funding for tertiary education research and projects, with a focus on nursing-related initiatives. Explore their programs for more details.

Click on this link: [Knowledge Centre » Ako Aotearoa](#)



### The Goodfellow Unit

The Goodfellow Unit, supported by the University of Auckland, provides free online modules emphasising evidence-based practice and research skills.

Click on this link: [e-Learning | Goodfellow Unit](#)



### National Institute for Health and Care Research - Research skills e-learning

Free e-learning modules for health and care professionals, developed in collaboration with 8 royal colleges. The modules can help you prepare for a career in research if you have little-to-no experience. Click on this link: [Research skills e-learning | NIHR](#)



Global Research Nurses - eLearning Offers courses on designing, planning, and operationalising health studies, including clinical trials. Available in multiple languages. Follow this link: [Welcome to The Global Health Network Training Centre • Global Health Training Centre](#)





## RCNiLearning

Provides free CPD modules for nurses, including research-related topics.

Follow this link: [Free online learning courses for nurses and student nurses | RCNi Learning](#)

### NURSING RESEARCH SECTION MISSION

The Nursing Research Section (NRS), Te Wāhanga Rangahau Tapuhi (NZNO), aims to elevate nursing research by inspiring collaboration, facilitating international and national partnerships, and promoting evidence-based practice. We support nurses in their research endeavours, assist with dissemination and publication, and recognise their contributions to the field.



Collaboration



Partnerships



Evidence-Based  
Practice

## Looking Ahead to 2026

We are excited about growing our membership in the coming year and look forward to connecting with you at our 50th Anniversary celebration in October 2026. Stay tuned for more details as we release them.

We would greatly appreciate it if you could complete this survey. Your feedback is essential for helping us understand how to best keep you engaged and connected. Thank you for your time and valuable input: <https://www.surveymonkey.com/r/NRS2025>





Wishing you a safe and enjoyable holiday period. We look forward to bringing you our next issue early February next year.

**Nga mihi nui**

**Te Wāhanga Rangahau Tapuhi Nursing Research Section**

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## Contact Us

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